

For Once In My Life (ESP 1021) Elmer Sheffield, Jr.

OPENER - MIDDLE BREAK - CLOSER Basic

Circle left

*For once in my life I have someone who needs me
Someone I've needed so long

Left allemande, turn partner by the right hand

Left allemande and **weave** on along

For once I can touch what my heart used to dream of

Swing that girl and **promenade** round the ring

For once in my life I have someone who needs me

ALTERNATE LYRICS

*For once unafraid I can go where life leads me
Somehow knowing I'll be strong

*For once in my life I won't let sorrow hurt me
Not like it hurt me before

FIGURE Plus, corner progression

Heads square thru in the middle four hands around now

You **make a right hand star**

Heads star left inside go rolling round

With the same tow **right & left thru**

Touch 1/4, walk & dodge, partner trade

Reverse flutter and you **promenade**

For once in my life I have someone who needs me