

# Slow Poke (ESP 1059) Elmer Sheffield, Jr.

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## OPENER - MIDDLE BREAK Basic

### Circle left

Why should I linger every time you snap your finger

You're a slow poke

**Left allemande** the corner, then you **box the gnat**, pull by

**Left allemande** then **weave the ring**

Time means nothing to you, I wait and then

### Promenade

Late again 8 o'clock, 9 o'clock, quarter till ten

## FIGURE (heads twice, sides twice) Mainstream, corner progression

**Heads** you **promenade** go **halfway** around

**Lead right**, **circle 4**, **make a line**

Go forward and then you do the **right and left thru**

**Pass thru** you **wheel and deal**

**Swing thru** and then you **turn thru** again

**Left allemande**, keep her and **roll promenade**

I guess I'll have to learn to be a slow poke, too

## CLOSER Plus

### Teacup chain

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Record Database -- <http://www.ceder.net/recorddb/viewsingle.php4?RecordId=2294>